

Women in Management

Use your female talent in the best way, develop your leadership qualities, communicate efficiently, be visible in meetings and find the right work-life balance. In Belgian companies the number of women in management positions is still considerably lower than the number of male managers. Why ?

Duration

2 days

Public

Women managers or future women managers

Objectives

- Maximize your full potential as a female leader while enhancing your own unique management style
- Using and combining the hard and soft management skills.

Program

- Overview of changes
- The difference between our grandmothers, mothers and ourselves
- How is the current work situation ? Exchange of individual experiences of the participants
- How do the participants experience the current situation ?
- The glass ceiling
- The iceberg concept
- The maze
- How do women differ from men ? How to use these differences ?

Female leadership

- Different styles
 - Which is your style ?
 - How does this style manifests itself in your contact with others in the work environment ?
 - When to use which style ?
 - How can your style become even more powerful ?
- Manager, Leader, Coach, Expert.
 - When to take on which role ? Working with concrete examples from the workplace.

- The different development stages of a team
- The different development stages of the team members
- Which challenges for the female manager ?

Communication

- How to communicate in an efficient way ? Women can obtain different reactions by adapting their communication.
 - We have to adapt to others
 - Dealing with difficult people
 - Dealing with aggression
 - Harassment at work
 - Negotiation and the gender difference
 - Giving and receiving feedback
 - The importance of networking for women
 - Women networking in Belgium
- Which challenges for the female manager ?

Meetings

- 3 P's : Process, Product, Procedures
- Different tasks
- Meeting objectives
- Meeting methodology
- Interactionrose of Leary
- Gender difference in meetings
- Which challenges for the female manager ?

The importance of a good work-life balance

- What is the right work-life balance ?
- Why is it essential ?
- How can we get there ?

Methodology

An interactive training which offers practical tools to develop an even more powerful leadership, with as starting point the female strengths. We work with concrete, recognizable cases.